

CARROLL HOSPITAL CENTER, INC.
200 Memorial Avenue
Westminster, Maryland 21157

RESOLUTIONS OF THE BOARD OF DIRECTORS
TO THE MEDICAL STAFF, EXECUTIVE STAFF, ASSOCIATES
AND COMMUNITY AT LARGE

WHEREAS, On June 27, 2006 U.S. Surgeon General Richard H. Carmona issued a comprehensive scientific report which concludes that there is no risk-free level of exposure to secondhand smoke. The finding is of major public health concern due to the fact that nearly half of all nonsmoking Americans are still regularly exposed to secondhand smoke. The report, *The Health Consequences of Involuntary Exposure to Tobacco Smoke*, finds that even brief secondhand smoke exposure can cause immediate harm.

WHEREAS, eliminating smoking and use of all tobacco products inside hospitals was established as a federal mandate in the 1980's and elimination of smoking indoors in all Maryland workplaces was established by the Maryland General Assembly in 1994

WHEREAS, exposure of adults to secondhand smoke has immediate adverse effects on the cardiovascular system and causes coronary heart disease and lung cancer, and the scientific evidence indicates that there is no risk-free level of exposure to secondhand smoke.

WHEREAS, multiple respected health advocacy organizations including, The American Heart Association, The American Lung Association, The American Cancer Society, and MED CHI have established organizational positions regarding the dangerous health effects of tobacco use and secondhand smoke exposure, and

WHEREAS, multiple Maryland Hospitals and indeed Hospitals nationwide have adopted a Smoke-free, Tobacco-Free campus policy similar to that established by this Board in 1998, and

WHEREAS, Carroll Hospital Center is committed to the health and well-being of our patients, their families and visitors, our Associates, our Volunteers, our Medical Staff, and our community; and

WHEREAS, Carroll Hospital Center pledges to maintain a smoke-free and tobacco-free environment for the protection of our patients, their families and visitors; our Associates, and medical staff, our volunteers, our facilities and our community; from the proven hazards of tobacco smoke exposure and use of tobacco products.

WHEREAS, toward that purpose, CHC actively supports the state, national, and worldwide efforts to control and diminish the use of tobacco and does indeed recognize both the dangerous health effects of secondhand smoke exposure and the addictive effects of tobacco use.

NOW, therefore be it resolved that in consideration of the above, the Board of Directors of Carroll Hospital Center determines to fulfill its community health leadership role in a comprehensive and effective manner; and, in partnership with our Physicians, Associates, and others, to address tobacco usage and cigarette smoking as the primary single avoidable cause of death in our society.

1. We define a Smoke-free Environment as one that is free from the smoking of any tobacco products, as well as those chewed or otherwise consumed, both indoors and outdoors.
2. Boundaries of our smoke-free, tobacco-free campus are inclusive of all buildings, owned or leased all pavement and green space surrounding those buildings, all parking lots, garages & hospital owned or leased vehicles.
3. We aspire to set a clear example of good health practices by:
 - ✓ Putting patients and families first
 - ✓ Providing a healthy, smoke-free, tobacco-free atmosphere
 - ✓ Encouraging both Associates and patients to quit tobacco use

- ✓ Lowering long-term health care cost for both Associates and patients
 - ✓ Lowering clean up costs
4. We intend this policy to apply to the main hospital, Outpatient Center, Emergency Department, KNIT Building, Anchor Pharmacy, Dove House, all Lab Outreach sites, and all Medical Office Buildings including South Carroll, Westminster, Reisterstown, Taneytown and Mt. Airy
 5. We provide information on the SFE expectations to all Associates, Physicians, Volunteers and contractors via recruitment, application, orientation and annual competency program materials. Compliance is not optional.
 6. We depend on our Registration, Nursing and Medical Staffs to identify and swiftly intervene with all patients who are tobacco users to set a new standard of care for treatment of tobacco disease during any care or services at Carroll Hospital Center
 7. We promote Nicotine Replacement Therapy and tobacco cessation programs to assist Associates, Physicians, Volunteers, Patients and Visitors to escape the perils of nicotine addiction
 8. We endeavor to assure notification of this Smoke-free, tobacco-free expectation for Associates, Physicians, Patients, Visitors, Guests, and families by inclusion in all CHC publications, on our web site, in educational or outreach programs and in advertisements.
 9. We strive for clarity and consistency in communication of this policy in signage, and all other modalities.
 10. We intend for enforcement to be consistent and long term, to address this hazard which is the leading preventable cause of mortality in the community we serve.

FURTHER RESOLVED, that the Secretary of the Hospital be, and hereby is, directed to file a copy of these resolutions with the records of the Hospital.

Charles O. Fisher, Sr.

Dated as of: October 2, 2007.

